

# LITEBOOK **EDGE**



## **Owner's Guide** **Model LB4.0**

Thank you for purchasing The Litebook **EDGE**®. Proper use and care of this product will provide you with many years of safe, effective and trouble-free light therapy. Please read this Owner's Guide completely before using this product and follow all usage and care instructions to ensure you receive optimum benefits from this product. Retain this guide for future reference.

Learn more at [www.litebook.com](http://www.litebook.com)

## GENERAL INFORMATION

The Litebook **EDGE**<sup>®</sup> is an effective tool for providing natural light. Its unique portability allows the user the freedom to continue with daily activities while enjoying additional light, as well as the convenience and economy of a compact, efficient light.

## CARE OF YOUR LITEBOOK **EDGE**<sup>®</sup>

- Clean lens and product with a soft damp cloth as needed
- No routine maintenance required

## Turn ON

- Hold down the power button for 1 second
  - After power on, the light will gradually brighten over 15 seconds

## Operation

- Press power button a second time to increase the brightness level to max
- Pressing the power button again will decrease the brightness to base level
- Battery life indicator can be found beside the charging port. The unit will be fully charged when there is 4 solid indicated lights with one blinking light.

## Turn OFF

- Press power button for 2 seconds to turn off manually
- The Litebook **EDGE**<sup>®</sup> will automatically turn off after 30 minutes
- When the battery is low, the Litebook **EDGE**<sup>®</sup> will alternate brightness between high and low 4 times
- The battery life indicator will blink to indicate it is going to shut down. The unit must be charged at this point

## Charge Instructions

- Plug in Micro B USB cord into the charging port on the Litebook **EDGE**<sup>®</sup> (500mA, 5 VDC)
- Plug the other end of the Micro B USB cord into the USB port on your computer or into the power adapter provided.
- The battery life indicator lights will light up - solid lights represent the amount of battery already charged
- The unit can be used normally during charging

## Troubleshooting

- The Litebook **EDGE**<sup>®</sup> is not turning on
  - Check battery power by plugging the Litebook **EDGE**<sup>®</sup> into a wall outlet or computer USB port
- The Litebook **EDGE**<sup>®</sup> battery strength indicators are not lighting up during charging
  - Confirm the Litebook **EDGE**<sup>®</sup> plug is securely fastened and there are no defects in the cord

Refer to the diagram for proper positioning of the Litebook **EDGE**<sup>®</sup>. The Litebook **EDGE**<sup>®</sup> may be offset to the right or left side. The recommended usage is 15-30 minutes daily at 20-24 inches. Typically, you will recognize when you've received sufficient light therapy – most often by a feeling of heightened alertness, energy and/or mood.



### **IMPORTANT**

- USE ONLY AS DIRECTED.
- The Litebook **EDGE**<sup>®</sup> emits an intense beam of white light. **DO NOT STARE DIRECTLY AT THE LIGHT SOURCE.** It is **NOT** harmful to glance at the light occasionally for a few seconds at a time.
- We encourage use of the Litebook **EDGE**<sup>®</sup> while engaged in other activities, such as reading, eating, applying makeup or working at a computer or desk.
- If you have a history of eye disease or are taking any **ANTIDEPRESSANT** drugs or medications which render you photo-sensitive (extremely sensitive to light), consult with your ophthalmologist or health care provider before using this product.
- Occasionally mild side effects may occur which usually resolve after a few days of use, including headaches or a 'stinging' sensation in the eyes. If these, or any other adverse effects not listed, do not resolve after three days, discontinue use of the Litebook **EDGE**<sup>®</sup> and consult your health care provider.
- Use this product only with the power supply provided and only as directed.

**If you experience any trouble using your Litebook **EDGE**<sup>®</sup> call for technical assistance. In North America call toll free 1-877-723-5483 or email [info@litebook.com](mailto:info@litebook.com)**

## 2 Year Limited Warranty

The Litebook Company Ltd. ("Litebook") warrants, subject to the conditions set forth below, that should this product be defective by reason of improper workmanship or material during the specified warranty period, Litebook will repair the same effecting all necessary parts replacements, without charge for either parts or labour.

**Post-warranty Service:** After warranty expires, contact the Litebook Company by telephone or email for upgrade options and pricing.

### CONDITIONS

1. Unauthorized Repair, Abuse, Etc.: The unit must not have been previously altered, modified, repaired or serviced by anyone other than The Litebook Company Ltd. The serial number on the unit must not have been altered or removed. The unit must not have been subject to accident, misuse, abuse, or operated contrary to the instructions contained in the Owner's Guide.
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